

Message from our CEO

This month, I'm celebrating my 33rd anniversary with ACTS. Reflecting on my 33 years with this incredible organization, I couldn't be more proud of the journey we've traveled together. It has truly been a privilege to lead and witness the growth, innovation, and unwavering commitment of our team. Every step has been a testament to our collective dedication and shared vision. I am deeply grateful to the Board of Directors for the tremendous opportunity they have given me. I don't take a single moment for granted. I'm excited to see what more we will achieve in the years to come. Here's to continued growth, success, and collaboration!



Asha Pererya
ACTS CEO

In other news, we are excited to announce the launch of our mobile MAT program, which will expand our reach and provide this important resource to even more people. Look for an official start date soon. Additionally, plans are well underway for the new outpatient program, and we'll keep you updated on these exciting developments at ACTS.

I'm honored to serve this community and work hand in hand with such wonderful partners.

Behavioral Health Day in Tallahassee



ACTS CEO Asha Pereyra was in Tallahassee on Feb. 12 for Florida Behavioral Health Association's Behavioral Health Day, joining leaders from across the state to advocate for mental health and substance use services. This event brings together policymakers, providers, and advocates to highlight the importance of accessible, quality care for individuals and communities.

ACTS Takes Part in Point in Time Count



ACTS staff participated in the Tampa Hillsborough Homeless Initiative's annual Point In Time Count, helping gather vital data and connect individuals experiencing homelessness with essential resources. This event plays a crucial role in understanding and addressing homelessness in Hillsborough County - thank you for making a difference!

National Drug and Alcohol Facts Week: March 17-23, 2025



National Drug and Alcohol Facts Week (NDAFW) takes place March 17-23, 2025, aiming to dispel myths and raise awareness about the risks of drug and alcohol use among teens. Many young people are unaware of the impact substance use can have on their health, academic success, and safety.

Consider these sobering facts: By age 20, 33% of teens have had at least one drink, and 27.9% of this group reported drinking in the past year. Additionally, 4 in 10 people who start drinking before age 15 develop alcohol dependence later in life.

Throughout March, ACTS will be sharing 10 common myths and facts about substance use on social media. As a trusted resource in our community, ACTS is here to support those on the path to recovery. If you or a loved one needs help, call 813.246.4899.

Stay Safe This St. Patrick's Day

The luck of the Irish won't protect you from the dangers of impaired driving this St. Patrick's Day. If you plan on celebrating with alcohol, follow these safety tips to keep yourself and others safe:

- Don't Drink and Drive – From 6 p.m. on Friday, March 14, to 6 a.m. on Tuesday, March 18, AAA's Tow to Go service is available in Florida. If you need a safe ride home, call 1.855.2.TOW2GO for a free tow and ride.
- Eat While You Drink – Food can help slow alcohol absorption and reduce its effects.
- Plan Your Drinks & Stay Aware – Set a limit before you start drinking, and never leave your drink unattended.
- Pace Yourself – Stick to one drink per hour to allow your body time to process the alcohol.
- Hydrate – Alternate alcoholic beverages with a full glass of water.
- Arrange a Safe Ride – Whether it's a designated driver, a rideshare service, or AAA's Tow to Go, have a transportation plan in place before you start celebrating.

Enjoy the festivities responsibly and make smart choices this St. Patrick's Day!



For More Information

ACTS, Agency for Community Treatment Services, is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

