

ACTS All Access

Agency for Community Treatment Services E-Newsletter

July 2025

Message from our CEO

As we wrap up Fiscal Year 2024–25, we reflect with deep gratitude on the progress we've made and look ahead with optimism and excitement. This past year brought important growth for ACTS, including the successful launch of our Mobile Medication-Assisted Treatment (MAT) program at the end of June. This new initiative expands access to care and brings life-saving services directly into the community. Be sure to read more about this important program later in the newsletter. This accomplishment – like so many others this year – would not have been possible without the dedication of our exceptional staff and the steadfast support of our community partners, funders, and stakeholders. Your belief in our mission continues to inspire and motivate us every day.

We're looking ahead to the next fiscal year with great excitement. Big things are on the horizon – including the launch of a new outpatient program, slated to open in the fourth quarter. Stay tuned for regular updates via our social channels and these eblasts.

With your continued support, we are confident that we can build on this momentum and make an even greater impact in the year ahead. Thank you for being such an essential part of our journey. We are truly fortunate to be part of a community that shares our commitment to hope, recovery, and lasting change.



Asha Pererya
ACTS CEO

Bringing Treatment to the Community: ACTS Mobile MAT Program

ACTS is proud to offer a Mobile Medication-Assisted Treatment (MAT) program to make recovery more accessible to individuals struggling with opioid use disorder, and held a special ribbon cutting on June 23 to mark the occasion. This mobile unit provides on-the-spot screenings, assessments, referrals, and ongoing support in locations where help is needed most.

Whether someone is just starting their recovery journey or continuing treatment, our Mobile MAT team meets clients where they are – both physically and emotionally – with compassion and care.



We proudly serve the surrounding communities through the following ACTS locations:

- **Monday:** 9:00 a.m. – 1:00 p.m.: ACTS Adult Residential Treatment – 6806 N. Nebraska Ave., Tampa, FL 33604
- **Tuesday & Thursday:** 9:00 a.m. – 5:00 p.m.: ACTS Addictions Receiving Facility – 3107 N. 50th St., Tampa, FL 33619
- **Wednesday:** 9:00 a.m. – 1:00 p.m.: ACTS Intermediate Care Program – 1229 E. 131st Ave., Tampa, FL 33612
- **Friday:** 9:00 a.m. – 1:00 p.m.: ACTS Amethyst Wraparound Housing – 4403 W. Dr. Martin Luther King Jr. Blvd., Tampa, FL 33614

Through this innovative program, ACTS is expanding access to life-saving treatment and helping individuals take the first step toward recovery – no matter where they are. [Click here](https://www.ACTSFL.org) to learn more.

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ACTS Launches New Blog

We're excited to share that ACTS has launched a blog on our website! This new space will feature weekly articles focused on sobriety, mental health, recovery resources, and stories from across our programs.

Whether you're looking for support, inspiration, or helpful tips, our blog is here to keep you informed and connected.

Upcoming Topics for July Include:

- *Mindfulness in the Heat of the Moment*
- *Myths About Medication-Assisted Treatment (MAT), Debunked*
- *Beat the Heat, Not the Urge: Coping with Cravings in the Summer*



Visit the blog here: actsfl.org/about-us/blog

Be sure to check back each week for new posts - and feel free to share with your networks!

Celebrate a Sober 4th of July: Freedom to Thrive

The 4th of July is a time to celebrate freedom, community, and new beginnings. For those in recovery, it's also an opportunity to honor the freedom that comes with sobriety.

While summer BBQs and fireworks often involve alcohol and other substances, choosing a sober celebration can be just as fun — and even more meaningful. Here are some tips to enjoy the holiday safely and joyfully:

- **Plan Ahead:** Know where you'll be and who will be there. Bring a sober friend or support person if you can.
- **Create New Traditions:** Host a sober BBQ, enjoy a picnic, watch fireworks with friends, or volunteer at a community event.
- **Have an Exit Strategy:** If a situation feels risky, it's okay to leave early or say no. Your sobriety comes first.
- **Use Your Support Network:** Reach out to your sponsor, counselor, or a trusted friend if cravings arise.
- **Celebrate Your Progress:** Reflect on the freedom sobriety has given you and set positive intentions for the months ahead.



At ACTS, we celebrate your strength and commitment. You deserve a happy, healthy, and sober 4th of July.

For More Information

ACTS, Agency for Community Treatment Services, is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

