

Message from our CEO

September is National Recovery Month, and ACTS is proud to join the effort to raise awareness and inspire hope. This month honors those on the journey to recovery from substance use and mental health challenges, while recognizing the professionals who make recovery possible through prevention, treatment, and support.

Mental health and substance use disorders affect countless families in our community. For over 45 years, ACTS has provided a comprehensive system of care across Hillsborough, Pinellas, and Polk Counties, helping individuals and families build healthier, stronger futures.

We are especially excited to share that our new [Mobile Medication Assisted Treatment \(MAT\)](#) Program launched in June! This innovative program offers a flexible and convenient way for people to access life-saving treatment, breaking down barriers and expanding care where it's needed most.

As we celebrate Recovery Month, I want to express my sincere gratitude to our dedicated staff for their commitment to transforming lives and fostering recovery. Below, you'll find tips on how to support someone in recovery. If you or someone you know needs help, please reach out - we're here for you.



September is Recovery Month – How to Support Someone in Recovery

Getting a loved one into treatment is only the first step. Recovery is an ongoing journey, and your support matters. Here are seven ways to help:

1. **Avoid Judgment** – Show acceptance, not criticism.
2. **Be Patient** – Recovery takes time and setbacks can happen.
3. **Reinforce Hope** – Remind them recovery is possible.
4. **Listen** – Be present for both challenges and successes.
5. **Encourage Healthy Habits** – Suggest positive, substance-free activities.
6. **Suggest Support Groups** – Connecting with peers can be powerful.
7. **Care for Yourself** – Join a support group for families and friends.



Recovery Month reminds us that healing is possible. If you or someone you know needs help, ACTS is here in Tampa Bay. Call 813-246-4899 or visit www.actsfl.org to get started.

ACTS Leadership at the FBHA Conference

In August, our Program Directors and members of the Senior Leadership Team represented ACTS at the Florida Behavioral Health Association (FBHA) Conference in Orlando. During the three-day event, our team hosted a booth showcasing the exceptional work ACTS is doing across the Tampa Bay region, connecting with nearly 2,000 mental health and substance use treatment professionals from around the state. It was a fantastic opportunity to share our programs, highlight our impact, and exchange ideas with colleagues in the behavioral health field. We're already excited to participate again next year and continue strengthening our connections across Florida!



Celebrating the Retirement of Mike Provenzano

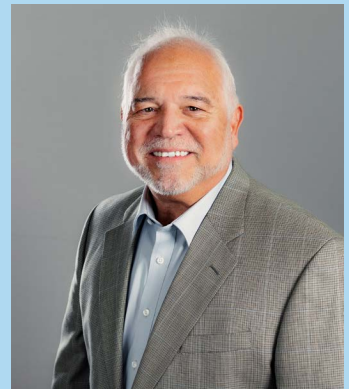
After more than 30 years of dedicated service, we honor and celebrate the incredible career of Mike Provenzano, who retires from ACTS on September 12. Mike has been a cornerstone of our organization since December 1993, most recently serving as Community Development Director.

His role often included “other duties as assigned,” but Mike embraced that challenge with enthusiasm. “No two days are the same for me,” Mike shared. “I enjoy the different challenges and helping staff on a daily basis provide the best care for ACTS clients. I like that people come to me for help as a go-to person for the agency.”

Mike has witnessed the organization grow and evolve over three decades. “I have met a lot of good people through the years who have given me opportunities to grow with the agency,” he said.

Before joining ACTS, Mike managed a warehouse for more than 18 years – a very different environment from the collaborative culture at ACTS. “Compared to my last job, ACTS is like a family,” Mike said. “I stayed because I enjoy seeing all of the good that our agency does in the community.”

Mike’s leadership, flexibility, and dedication have left an indelible mark on ACTS. On behalf of everyone at ACTS, thank you, Mike, for your decades of service and commitment to ensuring clients receive the best care possible. Please join us in wishing Mike a happy and well-deserved retirement!



For More Information

ACTS, Agency for Community Treatment Services, is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you – 813.246.4899 or visit us online at www.actsfl.org.

