

ACTS All Access

Agency for Community Treatment Services E-Newsletter

October 2025

Message from our CEO

There's fresh energy in the air this October, and ACTS is embracing the season of change with excitement and momentum! On October 1, ACTS began transitioning residential clients from our Tampa location on Nebraska Avenue to our Keystone facility.

With this move, we'll relocate the boys from our Therapeutic Group Home into the Nebraska Avenue site by the end of the year. This shift allows us to begin much-needed renovations to the Therapeutic Group Home and the rest of the Dixon Avenue property later this year.

At the same time, construction will begin on our long-anticipated new Outpatient Program, which will be located between the Juvenile Assessment Center and the Clubhouse. Both the Dixon Avenue renovations and the new Outpatient Program are expected to be completed by the start of our next fiscal year.

We're excited to keep you updated on the progress of these projects in future newsletters as ACTS continues to expand and improve services for our community.



Asha Pererya
ACTS CEO

You're Invited: ACTS Mobile MAT Unit Open House

ACTS is excited to announce a tour of our brand-new Mobile Medication-Assisted Treatment (MAT) Unit! This innovative mobile service expands access to evidence-based treatment for individuals living with substance use disorders across our community.

Join us on Thursday, October 23, from 9 – 11 a.m. at the ACTS Addictions Receiving Facility, located at 3107 N. 50th Street, Suite A, Tampa, FL 33619, to tour the Mobile MAT Unit and learn how ACTS is breaking down barriers to care.

The Mobile MAT Unit is designed to bring vital medication-assisted treatment and recovery services directly to those who need them most, providing compassionate, effective care right in the community.

Light refreshments will be served. Please RSVP by Wednesday, October 22 to ajuno@actsfl.org or call 813.246.4899, ext. 231 to reserve your spot.

Come see firsthand how ACTS is bringing treatment and hope closer to home!



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ACTS Team Celebrates National Addiction Professionals Day

During Recovery Month, September 20 marks National Addiction Professionals Day—a day dedicated to recognizing the vital role addiction professionals play in the health care system and the continuum of care. These professionals make a powerful difference in the lives of individuals and families every single day.

At ACTS, we celebrated this special day by gifting each of our team members an ACTS performance jacket with the brand-new ACTS logo to get them ready for the fall season. It's a small token of our deep appreciation for their hard work, dedication, and unwavering commitment to supporting those on the path to recovery.



Spooky & Sober: Tips for a Safe and Fun Halloween

Halloween is full of costumes, candy, and celebrations—but for those committed to sobriety, it's also a time to plan ahead and protect your well-being. With the right approach, you can enjoy all the spooky fun without compromising your recovery.

- **Plan Sober-Friendly Fun:** Host or attend Halloween events centered around activities instead of alcohol. Try costume contests, pumpkin carving, haunted house visits, or a scary movie marathon.
- **Bring Your Own Drinks:** Stock up on your favorite non-alcoholic options—mocktails, sparkling water, or soda—to enjoy at parties and help avoid temptation.
- **Set Healthy Boundaries:** It's okay to decline invitations that could challenge your sobriety. Choose gatherings that feel safe and supportive.
- **Have an Exit Strategy:** If you attend a party where alcohol is present, plan how you'll leave if you feel uncomfortable. Arrange your own ride or keep transportation options open.
- **Celebrate Self-Care:** Halloween doesn't have to be about parties. Treat yourself to a cozy night in, a spooky book, or creative hobby to honor the season on your own terms.
- **Embrace Creativity:** Dive into the festive spirit by decorating your space, baking seasonal treats, or creating a one-of-a-kind costume.

Remember, the most important part of any celebration is protecting your well-being and staying true to your goals. Have a safe and fun-filled sober Halloween!



For More Information

ACTS, Agency for Community Treatment Services, is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

