



ACTS

All Access

Agency for Community Treatment Services E-Newsletter

November 2025

Message from our CEO

Like many of you, I look forward to this time of year - a season of reflection, celebration, and appreciation. Gratitude is more than simply saying “thank you”; it’s about recognizing the people and moments that make a difference every day.

I am deeply grateful to the ACTS team and the essential treatment services you provide to individuals in our care. I am also thankful for the many ways ACTS continues to grow, including the exciting new programs we’ll be launching soon.

Last month, we had the pleasure of celebrating the accomplishments of Fiscal Year 2024–2025 at our Annual Board Meeting. It was a wonderful opportunity to come together with our Board of Directors and Senior Leadership Teams from both Administration and Operations to reflect on another successful year. I appreciate our board members’ continued guidance and steadfast commitment to the ACTS mission. You can read more and view our annual report in the article below.

Finally, I want to wish you and your loved ones a very Happy Thanksgiving. May this season bring you peace, health, and gratitude.



Asha Pererya
ACTS CEO

ACTS Holds Annual Meeting

On October 20, the ACTS Board of Directors gathered for its annual meeting, where we presented the financial audit and annual report and ratified the 2025 board officers. After the meeting, a special dinner was held to thank our dedicated board and team members for their commitment to ACTS.

“It is a privilege to lead ACTS and celebrate the achievements of Fiscal Year 2024-2025 with our Board and Team,” said Asha Pereyra, ACTS CEO. “I am confident we will continue building on this success in the year ahead.”



View our annual report [here](#).

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ACTS Mobile MAT Open House



We're grateful to everyone who joined us for the Agency for Community Treatment Services, Inc. Mobile MAT Open House on October 23! It was a fantastic opportunity to showcase our mobile unit and highlight how it expands access to treatment services across the community.

Check out [our video](#) to see inside the Mobile MAT and find out where it will be next: <https://bit.ly/MobileMAT>

Tour the ACTS Clubhouse this Nov.



Discover the programs and services that make ACTS Clubhouse a welcoming, supportive community for adults in mental health recovery. Stop by on Thursday, November 13, from 9 a.m. to 3 p.m. for a tour, meet our staff and members, and learn how we help members build skills, purpose, and connection.

[Click the flyer](#) for more information and RSVP to JMullins@actsfl.org or call 813.682.0086 by November 10 if you plan to attend.

Stay Sober and Celebrate This Thanksgiving!

The holidays can be stressful, but you can enjoy Thanksgiving while staying on track in recovery. Here are a few tips from ACTS:

- **Plan ahead:** Know how you'll handle alcohol or triggers.
- **Bring a sober-friendly option:** Have a non-alcoholic beverage or dish to enjoy.
- **Focus on connection:** Engage with loved ones, play games, or share gratitude.
- **Practice self-care:** Take breaks, rest, and manage stress with deep breathing or short walks.
- **Lean on support:** Reach out to your sponsor, support group, or ACTS staff if needed.



Recovery is possible this holiday season. ACTS is here to provide support and guidance every step of the way.

For More Information

ACTS, Agency for Community Treatment Services, is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

