

CLUBHOUSE NEWSLETTER

Summer 2026

Tampa City Council Member Visits ACTS Clubhouse



ACTS Clubhouse welcomed Tampa City Council Member Guido Maniscalco for a visit on April 21. During the tour, Clubhouse Director Jennifer Mullins showcased the program and its impact on adults living with mental illness. Members had the opportunity to share their personal recovery journeys and discuss what inspired them to become part of the Clubhouse community.

“We are grateful to Council Member Maniscalco for taking the time to visit ACTS Clubhouse and learn more about the meaningful work happening here every day,” said ACTS CEO Asha Pereyra. “His support and interest in our members and mission are greatly appreciated.”

To see the Clubhouse in action, schedule a tour by calling 813-771-0958 or emailing clubhouse@actsfl.org.

Around the Clubhouse



Members at ACTS Clubhouse are hard at work tending to our garden and watching this season's harvest grow! Right now, we're growing cucumbers, peppers, tomatoes, salad greens, and more. Gardening provides opportunities to build skills, work together, and enjoy the rewards of nurturing something from seed to harvest.



The Culinary Unit is always buzzing with teamwork and creativity! Members work together to plan meals, prepare ingredients, cook, and clean up while building valuable skills and meaningful connections. Every meal is an opportunity to learn, contribute, and support one another as part of the Clubhouse community.

ACTS Clubhouse Visits The Academy at Glengary

In May, ACTS Clubhouse had the opportunity to visit The Academy at Glengary in Sarasota and learn more about the services and supports they provide to adults living with mental illness.

Clubhouse staff members Jasmine and Daniel, along with member Frederick “JR,” enjoyed connecting with Glengary members and staff, seeing their kitchen and media studio in action, discussing the Clubhouse experience, and highlighting the impact of community, purpose, and meaningful relationships in recovery.

We appreciate the warm welcome and hospitality from The Academy at Glengary and look forward to continuing our partnership. We can't wait to welcome them for a visit to the ACTS Clubhouse soon!



ACTS Clubhouse Appears on Tampa Bay's Morning Blend



In June, ACTS Clubhouse Director Jennifer Mullins joined Central Florida Behavioral Health Network CEO Alan Davidson on Tampa Bay's Morning Blend to talk about the Clubhouse and the work being done to support mental health recovery.

To see the clip, visit: <https://bit.ly/3SCMAhe>

Clubhouse Standards

Clubhouse standards are a set of 37 internationally recognized principles that guide the operation of Clubhouses, ensuring respect, opportunity, and meaningful engagement for members.

At each ACTS Clubhouse morning meeting, we review a “Standard of the Day” to keep these principles front and center.

To explore all the standards, [click here](#) or check out our social media pages, where we post a standard weekly.

Follow Us on Social Media:

Facebook: facebook.com/actsclubhouse

Instagram: instagram.com/actsclubhouse

For More Information

ACTS Clubhouse is a welcoming community where adults living with mental health challenges can find support, purpose, and a place to belong.

Contact Us:

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