

CLUBHOUSE NEWSLETTER

Fall 2026

Hillsborough County Commissioner Gwen Myers Visits ACTS Clubhouse



Hillsborough County Commissioner Gwen Myers recently visited ACTS Clubhouse to see firsthand how members are building connections, developing skills and working toward their goals.

On August 31, ACTS CEO Asha Pereyra, COO Cris Riviere, Clubhouse Program Director Jennifer Mullins and Clubhouse members welcomed Commissioner Myers and shared more about the Clubhouse model and Work-Ordered Day.

“We appreciate Commissioner Myers taking the time to learn more about ACTS Clubhouse and the supportive community our members are building every day,” said CEO Asha Pereyra.

Want to see the Clubhouse in action? Call 813-771-0958 or email clubhouse@actsfl.org to schedule a tour.

A Place to Be Seen - Larshon's Story



When Larshon first walked into ACTS Clubhouse, she noticed something right away: people were connected and working together. An outgoing person, Larshon wanted to become more comfortable around others, avoid isolating herself and explore work-related activities. Her therapist recommended ACTS Clubhouse - and she decided to take a chance. That chance made a difference.

“They don’t ask about my mental illness. They include me in the work and relate to who I am as a person, not my illness,” Larshon said. At Clubhouse, Larshon has built friendships, shared meals, laughed, talked and discovered new things about herself.

On September 16, she celebrated a major milestone by graduating from Mental Health Court. Her Clubhouse community celebrated alongside her.

“I can be seen at the Clubhouse. I can smile, laugh and share how I feel and be a part of something,” she said. For Larshon, Clubhouse is more than a place to go. It’s a community where she feels welcomed, valued and supported. “I am a member, and I feel great about it.”

Around the Clubhouse



Paul from the ACTS IT Department recently led training on the Clubhouse's new podcast studio, giving members a hands-on opportunity to learn about podcasting, build technical skills and get creative.

It's another way members can explore interests, connect with others and discover new possibilities. We can't wait to hear what they create!



ACTS Clubhouse is excited to begin using Bloom Software, a modern Clubhouse database that will help us stay connected with members and better support their participation and goals. By strengthening how we organize and track member engagement, Bloom helps our team focus on what matters most: building connection, supporting growth and creating a stronger Clubhouse community.

ACTS Clubhouse Appears on Bloom TV with CFBHN



In September, ACTS Clubhouse Director Jennifer Mullins joined Central Florida Behavioral Health Network CEO Alan Davidson on Bloom Tampa Bay to talk about the Clubhouse and the work being done to support mental health recovery.

To see the clip, visit: <https://bit.ly/4yoE99e>.

Clubhouse Standards

Clubhouse standards are a set of 37 internationally recognized principles that guide the operation of Clubhouses, ensuring respect, opportunity, and meaningful engagement for members.

At each ACTS Clubhouse morning meeting, we review a "Standard of the Day" to keep these principles front and center.

To explore all the standards, [click here](#) or check out our social media pages, where we post a standard weekly.

Follow Us on Social Media:

Facebook: facebook.com/actsclubhouse

Instagram: instagram.com/actsclubhouse

For More Information

ACTS Clubhouse is a welcoming community where adults living with mental health challenges can find support, purpose, and a place to belong.

Contact Us:

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